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TITLE OF PRESENTATION: Sound and Noise Awareness in The Clinical Setting

LENGTH OF PRESENTATION: 62 min

PRESENTATION SUMMARY: This research based presentation addresses the important issue of lessening and elimination stressful sound and noise in the clinical setting. How stressful sound/noise affects health and wellness of clients and residents will be discussed as well as how stressful sound/noise affects staff and our facility. Ultimately, strategies will be discussed and suggested on how to decrease and eliminate stressful sound/noise through awareness, positive change and creativity.

INSTRUCTIONAL METHOD: Lecture with power point slides

LEARNING OUTCOMES: At the end of this presentation individuals will be able to:

- 1) Define stress
- 2) List at least three negative effects on health of stressful sound/noise
- 3) Identify at least two "easier, more common" strategies to lesson stressful sound/noise in the clinical setting
- 4) Identify at least two "less common, harder to implement" strategies to lesson stressful sound/noise in the clinical setting